



# NCAA Sports

What you need to know:  
June 7th, 2017

# Plan for the session:

- Overview of Different Divisions
- What your experience as a college athlete can look like at different levels.
- NCAA Clearinghouse- How it affects your course planning
- What should you be doing now
- Resources

# Overview of Divisions:

- Divisions are based on the # of sports they offer and how much scholarship \$ they give out.
  - Division 1(351)- at least 14 sports- athletic \$ especially to “big time” sports
  - Division 2 (300)- at least 10 sports- less \$ given out
  - Division 3 (438)- at least 5 sports- ***NO ATHLETIC \$ given out***

- Probability of playing after high school.
- ***Division 1:***
  - You are basically an employee of the college.
  - Much of your time/day/experiences will revolve around your sport and your team.
  - It is a year round commitment- even out of season there are team and individual workouts.
  - It is very rare to get a “full ride”.

**What you can expect:**

- ***Division 2:***

- Less money distributed.
- A lot of your time/day/experiences will revolve around your sport and your team.
- You will have time for other interests.
- You have some team activity year round, most your team work is in your “traditional” season, however there are many session including individual workouts year round.

**What you can expect:**

- ***Division 3:***

- No Athletic \$ is given out.
- Your team and sport will be a priority in season, but you will have plenty of free time for other interests.
- Not unusual to play another sport.
- Coaches DO NOT have access to “train” you in the off season except for a 4-6 week “non traditional” season on many sports. Total season equals 19 weeks.

**What you can expect:**

# NCAA Clearinghouse:

This is necessary if you are planning on playing D1 or D2. If you haven't signed up yet, you must do so now.

## [NCAA Eligibility Center](#)

This will allow them to track your SAT scores & the classes you are taking. There are requirements you must plan for.

\*Film as Literature is not recognized as an English Class\*

# How do I get recruited?:

- 1- Identify the schools you are interested in.  
Contact the coach- email/phone/handwritten note  
Fill out Prospective Student Athlete Forms
- 2- Put together a short recruit video (they will want one)
- 3- Get your transcript/resume together (they will want one)
- 4- Contact the coach again- you are interested in their school, their program, can you come for a visit.
- 5- Plan a visit



# Resources:

[NCAA Guide for the College Bound Athlete](#)

[NCAA Eligibility Center](#)

[Prospective Student Athlete Form](#)

[A Must Read for Students Wanting to be Recruited](#)

[A VERY good article on recruiting tips](#)